Greetings Dragon Alumni, Parents and Friends,

As I conclude my first year as president of Bishop O’Dowd High School, I am filled with gratitude for the support and kindness you’ve shown me as we build on our past successes and imagine a compelling and attainable future.

At O’Dowd, we live out of a sense of charism - those elements of our spiritual personality that define us, point to our commitments, and animate our imaginations in terms of the values we hold and the educational decisions we make.

In this edition of the Dragon magazine, we examine how one of these elements, Kinship With Creation, manifests as a schoolwide effort for sustainability across our campus, curriculum, community and culture. We aim to equip students, faculty and staff with the tools and experiences to create an environmentally sustainable, socially just and economically viable world. In effect, the educational experiences of our students and families are part of their formation here at O’Dowd making it more than a school. Rather, a dynamic center for community and learning that offers students a contemporary take on Catholic education. O’Dowd students experience a powerful transformation, developing into the morally grounded leaders needed today – loving, open to growth, intellectually competent, committed to justice and peace and oriented towards creating positive change.

I invite you to read the compelling articles in the following pages detailing how we are doing this in a uniquely Catholic way, responding to a call to action issued by Pope Francis in his groundbreaking encyclical Laudato Si: On Care for our Common Home which addresses climate change, its effects on the poor, and the role of the Catholic Church in supporting a sustainable future.

As one of our institutional priorities to deepen our commitment to our charism and values-based education, we recently appointed faculty member Michael Downs as Director for Justice and Kinship effective in the 2019-20 school year. In this role, Michael will provide invaluable support to the Service Learning and Sustainability programs and will help ensure that our school grows in ever greater alignment with our charism. Says Michael, “There is a sense of sacred urgency, shared by scientific and spiritual leaders alike, and our school is uniquely situated - geographically, culturally, and religiously - to be a model.”

We embrace the obligation to guide our students to become informed, passionate caretakers for the natural world and all its inhabitants because how we treat the environment is a sign of our love for God and neighbor.

I am thankful for the leadership of our Board, continued engagement of our alumni, our partnership with our benefactors, and the commitment of our quality faculty and staff as we remain dedicated to our students and families, realizing our shared future. I am grateful for your investment in and advocacy on behalf of O’Dowd.

Best,

James Childs, MA, MEd
**O’Dowd is Tops**
We are proud to announce that Bishop O’Dowd High School won “Best Private High School” in Oakland magazine’s 2019 Best of Oakland and the East Bay annual readers’ poll for the sixth consecutive year! Thanks to all who voted for O’Dowd.

**Best of the Best**
O’Dowd was recently selected as a 2019 top winner in Parents’ Press Reader’s Choice awards in the Best Faith-Based High School category, East Bay.

**Write Us!**
We welcome your letters in response to articles in this magazine. Please e-mail submissions to Senior Director of Marketing & Communications, Shannon Cabral at scabral@bishopodowd.org or send a letter to:

* Dragon Magazine
* 9500 Stearns Ave.
* Oakland, CA 94605

We reserve the right to edit letters for clarity and space.

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KINSHIP WITH CREATION
Our charism call to “Kinship with Creation” is grounded in a conviction that all of life is interconnected, derived from the same Creator. In his poem, “The Canticle of Creation,” St. Francis of Assisi recognized all creatures as his sisters and brothers, united to him by the bonds of affection. This is more than naive romanticism, it is a mindset which affects our thoughts, choices and behavior. As we consider what is happening to our common home, the earth, the language of fraternity and family moves us from analysis to awe, from exploitation to exploration, from consumerism to care.

Pope Francis asserts in *Laudato Si*, his unprecedented 2015 encyclical inspired by St. Francis, “that we are not disconnected from the rest of creatures, but joined in a splendid universal communion.” Therefore, caring for our common home is essential to a life of virtue, not optional or secondary. Catholic communities, including schools, are called to be leaders in ecological education that converts minds and hearts, to facilitate “the leap towards the transcendent which gives ecological ethics its deepest meaning” and help our students “to grow in solidarity, responsibility and compassionate care.” At a time when ecological consciousness is critical to the future health of humanity and earth, Kinship with Creation manifests itself at O’Dowd as a schoolwide effort for sustainability across our campus, curriculum, community and culture.
The earth is an opportunity, uniquely designed in its revelatory power, to facilitate an experience of God’s grace. Pope Francis roots ecological ethics in our connections to places that are particularly meaningful to each of us. What if Bishop O’Dowd High School was such a place, where one heard the universe speak of God’s love and felt, as it were, a caress? What if our campus was a place where people discovered and recovered “something of their true selves?”

For many students, faculty, staff, and alumni, it already is.

Wendell Berry once wrote that “you can’t know who you are until you know where you are.” O’Dowd is a fascinating place for students to discover who they are. From a student perspective, Kinship with Creation may be epitomized by our on-campus “Living Lab,” a four-acre native plant community and sustainable garden, and outdoor classroom. As a platform for experiential, multi-disciplinary learning, the Lab not only engages students with topics such as ecology and food systems, it also provides a peaceful setting for contemplative practice, meditation and written observation. This experiential space, along with the integration of sustainability throughout O’Dowd’s curriculum and infrastructure, creates a school culture where all students are invited to be informed, passionate caretakers for the natural world and all its inhabitants.

“The entire material universe speaks of God’s love, his boundless affection for us. Soil, water, mountains: everything is, as it were, a caress of God. The history of our friendship with God is always linked to particular places which take on an intensely personal meaning; we all remember places, and revisiting those memories does us much good. Anyone who has grown up in the hills or used to sit by the spring to drink, or played outdoors in the neighborhood square; going back to these places is a chance to recover something of their true selves.”

—Pope Francis, Laudato Si
RELATIONSHIP

Place-based experiences of Kinship with Creation extend beyond the campus as well, when teachers help students increase their bioregional and global awareness. The panoramic view from our hilltop location reminds us that our campus is located at a unique intersection of systems and stories.

Looking west towards the city of St. Francis, we see our relationship to Oakland neighborhoods impacted by poverty and pollution and a bay ecosystem that defines our region. Looking east toward hills created by volcanoes and earthquakes, we see our relationship with remnants of great oak and redwood forests, and a zoo which features animals who once thrived here: a mountain lion, a grizzly bear, a buffalo, a condor. We learn from our faith tradition that all creatures have something to reveal to us about the Creator. And we learn from our predecessors on this land, the Ohlone people who lived sustainably for centuries, that all beings are relatives, all beings are kin.

We believe that our students grow, mature and thrive more deeply by entering into relationships and living in communion with God, with others, and with all creatures. Any person who has befriend a redwood or coast live oak on campus, held one of our resident chickens, discovered the micro-organisms in our pond, participated in religion class discussions in one of the sacred “circles,” volunteered in the Living Lab, or started their morning walk to class on a trail lined by birds in song, can attest to the transformative power our particular place. Such opportunities extend beyond our campus as well: Kairos retreats at a Franciscan retreat center in Danville, interactive hikes in the East Bay Regional Parks, service to local environ-
mental justice organizations, science field research trips to places like the Galápagos Islands, Costa Rica and Yellowstone Park are just a few examples of Kinship with Creation informing our curriculum.

RESPONSIBILITY

The reality of the interconnection of life invites us as a community to develop a sense of place within the family of things, towards a spirituality of global solidarity. With revelation and relationship comes responsibility; the ultimate aim of Kinship with Creation is not for students simply to amass scientific information or satisfy spiritual curiosity, but rather to discover God in the created world and, in the words of Pope Francis, “to become painfully aware, to dare to turn what is happening to the world into our own personal suffering and thus to discover what each of us can do about it.”

Specifically, Bishop O’Dowd High School takes seriously the pope’s call for us to invite our community into “ecological conversion,” in which we more clearly hear and more boldly respond to both the “cry of the earth” and the “cry of the poor.” In the fall of 2019, for example, a new Director of Justice and Kinship will support collaboration between the Service Learning and Sustainability departments, while integrating their bold visions more deeply throughout our school.

Our students are well aware of what is happening to our common home, and how climate disruption will play out in their lifetimes. Accompanying them on the ominous journey ahead, we have a responsibility to be agents of hope and healing. In the words of ecologist Joanna Macy, who gave a keynote at the Our Common Home Summit held at O’Dowd in April, “If the world is to be healed through human efforts, I am convinced it will be by ordinary people, people whose love for this life is even greater than their fear ... Grace happens when we act with others on behalf of the world.”

“If the world is to be healed through human efforts, I am convinced it will be by ordinary people, people whose love for this life is even greater than their fear ... Grace happens when we act with others on behalf of the world.”

-Joanna Macy, Ecologist
LAUDATO SI
O’DOWD RESPONDS TO POPE FRANCIS’ CALL TO ACTION

Pope Francis’ 2015 groundbreaking encyclical, *Laudato Si: On Care for Our Common Home*, addresses climate change, its effects on the poor, and the role of the Catholic Church in supporting a sustainable future. An encyclical is a letter written by a pope to be circulated throughout the world, and is among the highest-level teaching documents of the Catholic Church. But *Laudato Si* wasn’t meant only for Catholics. It was an invitation to all peoples and religions of the world to work together to care for our common home.

Pope Francis draws the title and inspiration for this encyclical from his namesake, St. Francis of Assisi, the patron saint of ecology. *Laudato Si*, “praised be,” is the refrain of St. Francis’ “Canticle of Creation,” a poem in which he addressed all aspects of creation as siblings. Grounded in the scientific and spiritual premise that all of life is interconnected, or in Pope Francis’ words, “a splendid universal communion,” this encyclical deepens our school charism’s commitment to “Kinship with Creation” and has enormous transformative potential within Catholic educational institutions like O’Dowd.

One key concept in *Laudato Si* is integral ecology, which asserts that ecological integrity and social justice are interconnected, because humans and nature are part of the same interdependent life systems. *The pope’s challenge to educators is bold: In response to the “cry of the earth” and the “cry of the poor,” we are called to be agents of individual and communal “ecological conversion” in our minds and habits.*

Environmental education, which has a strong history at O’Dowd, broadens its goals beyond scientific inquiry to include consciousness-raising, critiquing of the “myths” of modernity, restoring ecological equilibrium, appreciating beauty and establishing harmony between all aspects of creation. Furthermore, according to Pope Francis, “environmental education should facilitate making the leap towards the transcendent, which gives ecological ethics its deepest meaning.” To achieve this ambition, such education needs teachers “capable of developing an ethics of ecology, and helping people, through effective pedagogy, to grow in solidarity, responsibility and compassionate care.”

By cultivating sound virtues in order to encourage selfless ecological commitments, environmental education rooted in our charism can bring about real changes in lifestyle. “Education in environmental responsibility can encourage ways of acting which directly and significantly affect the world around us,” according to Pope Francis, and “all of these reflect a generous and worthy creativity which brings out the best in human beings.”

Various habits are being cultivated by members of the O’Dowd community: reducing waste and water consumption, separating refuse, showing care for other living beings, using public transport or carpooling, planting trees and more. These small efforts, according to Pope Francis, change the world and benefit society, because “they call forth a goodness which, albeit unseen, inevitably tends to spread.”

To that end, our unwavering commitment to individual and communal ecological conversion—needed to bring about lasting change, which you will read about more fully in this magazine—is a living testament to our Gospel values.

O’Dowd has been celebrated for its multi-faceted commitment to sustainability. Inspired by *Laudato Si* and our ongoing reflection on our Catholic identity, and conscious of climate disruption, this is being renewed and refashioned more explicitly through the lens of Kinship with Creation.

You can read the full text of the encyclical at laudatosi.com
STUDENT ECOLEADERS
BRING FORWARD AN ENVIRONMENTALLY SUSTAINABLE AND JUST COMMUNITY
An empowered group of seniors who take action to bring forward an environmentally sustainable and just community at O’Dowd and beyond is thriving. EcoLeaders act as stewards of the Living Lab, lead the Eco Club, organize environmentally themed campus events and work to implement initiatives that build sustainability on campus as well as in the greater community.

“Having an advanced leadership group on campus focused on sustainability and environmental leadership helps to elevate those issues in the eyes of the student body, as well as in the eyes of the administration,” Sustainability Programs Coordinator and Educator Isabel Rodriguez-Vega said. “The Living Lab is an example of student-led environmental leadership and action. Seeing Eco Leaders engage with the Living Lab and continually improving it shows other students that they too can make positive changes in the environment and in the world.”

“Our hope is that students who are EcoLeaders gain hands-on skills and experiences that prepare them for a lifetime of environmental activism and leadership. Throughout the course they are exposed to a wide variety of tools for addressing environmental issues—from grassroots organizing to professional fields,” Rodriguez-Vega added.

Eli McAmis ’19 applied to become an EcoLeader because he wanted an opportunity to make positive change. “EcoLeaders is unique in that there is a lot of flexibility in regards to the issues we tackle. Do we want to focus on promoting education, or working to make campus itself ‘greener?’ Do we want to do projects in the community and advocate for social justice? Social justice and environmental activism are inherently intertwined. The way we treat the planet has ramifications which hit the least fortunate among us the hardest,” he said.

“Being an EcoLeader gives us some degree of agency in this process: We have the responsibility and potential to do extraordinary things.”

EcoLeaders initiated a campaign in 2018-19 to begin reducing products in vending machines that create landfill waste, and giving out metal straws and other zero-waste prizes during Earth Week to discourage reliance on disposable products.

The EcoLeaders also help organize events on campus to connect the O’Dowd community with sustainability through events like Earth Week, the annual Harvest Festival and the DIY Holiday Festival. The group also participated in the Social Justice Teach-In held on campus in January, encouraging students from other schools to set up similar leadership groups in their own communities.

In the greater community, EcoLeaders partnered with a group of high school students in Fremont to help them design and install a small garden at an elementary school, and they plan to help with the installation.

They also took on global initiatives, such as partnering with another student leadership team, Solidarity in Action, to mobilize a group from O’Dowd to attend the Climate March held in San Francisco last September. EcoLeaders also attended the unique Bioneers Conference, which provides an opportunity for environmental leaders, youth activists and professionals to share knowledge and come up with creative solutions to the most pressing environmental and social problems we face today.

Photo to the left
Students begin class with a breathing exercise in the Memorial Circle of the Living Lab, exchanging air with the redwoods that enclose them. They listen. A gentle breeze, the melody of migrating birds taking a break at our pond, sirens announcing a distant crisis, the buzz of BART connecting the cities of this region. O’Dowd students are heeding the call of Pope Francis, learning to hear both the “cry of the earth” and the “cry of the poor.”

They open their eyes. They see the redwoods, remnants of ancient forests which used to flourish here. Beyond the branches they see the neighborhoods of East Oakland and recall a recent environmental justice lesson: Comparing air pollution along the 880 with air pollution along the 580, students were shocked to find out the difference in life expectancy between neighborhoods in “the flats” and neighborhoods in “the hills.”

Introduced in 2016 as a collaboration between the Religious Studies and Sustainability departments, a new semester-long elective for upperclassmen provides students with both a conceptual and applied understanding of spiritual ecology. This class is the first of its kind in the country. Through theological reflection, place-based learning, anthropological study, and environmental stewardship, the course is a manifestation of Bishop O’Dowd High School’s charism call to help students “Find God in all things through Kinship with Creation.” This concept is explored through three distinct units:

- “Our common home” invites students to become aware of God’s presence in this present moment and the earth, taking stock of what is happening to our common home. Students contemplate their own experiences of wonder and awe, healing and hope that have occurred in nature. While increasing their appreciation of the interconnectedness of all of creation, students study and discuss the reality of the ecological crisis.

- “Listening to the cry of the earth” includes an overview of the past relationships of humans with nature. Specifically, students reflect on the human roots of the ecological crisis along with what can be learned from the indigenous communities who have manifested more sustainable relationships to the earth.

- “Creating sacred space” challenges students to look toward the future, by designing a project in the Living Lab, developing habits in sustainable living, and committing to spiritual practices that keep them close to the earth. A true change of heart necessitates action, and this final unit focuses on practical responses to the Pope Francis’ call of “ecological conversion.” Students are empowered to greater creativity and enthusiasm in resolving the world’s problems, entrusted with the responsibility to action stemming from their faith.
Director for Justice and Kinship Michael Downs, who teaches the course, expresses the objective of the class by quoting Pope Francis: The goal of the course is not for students simply to amass scientific information or satisfy spiritual curiosity, but “rather to become painfully aware, to dare to turn what is happening to the world into our own personal suffering and thus to discover what each of us can do about it.”

Joe Sweeney ’20 was drawn to the class to deepen his understanding of the environment on a spiritual level, and was immediately impacted by the class’ premise: Everything in the natural world is interconnected and therefore, our kin.

Enriched with “a deeper understanding of the world around us through indigenous traditions, science, and Pope Francis’ Laudato Si,” Sweeney said he feels that the reflective spiritual perspective combined with teachings on the natural world creates a dynamic classroom atmosphere. With his new perspective and knowledge, Sweeney is empowered to be a better advocate outside the classroom. For instance, at the recent Arrupe Leadership Summit—a gathering of Jesuit high schools from around the country—he noticed that no one was bringing up issues of environmental justice. So he did. “I was able to explain what I’d learned about environmental racism in Spiritual Ecology to articulate the consequences of climate change for everyone,” especially the poor, he said.

Proud to be at a school that holds environmental stewardship at the crux of its charism, Sweeney said “Spiritual Ecology puts our actions where our words are.”

In short, Spiritual Ecology provides students opportunities to work regularly in nature and develop tangible pathways to put Kinship with Creation into daily practice. The course also invites students to work personally and collectively as catalysts for bringing forward an environmentally sustainable, spiritually fulfilling and socially just human presence on this planet.

PHOTOS ON THE RIGHT

O’DOWD CO-HOSTS SPIRITUAL ECOLOGY CONFERENCE

A respected voice in movements for peace, justice and ecology, Joanna Macy and local indigenous activist Corrina Gould were the keynote speakers at “Our Common Home Summit: Spiritual Ecology in Education and Action,” a conference in April co-hosted by Bishop O’Dowd High School and Black Mountain Circle.

More than 130 educators, students, faith leaders, organizers and activists gathered on the O’Dowd campus for a full day of inspiration, practical workshops and community network building. Interactive sessions galvanized participants with tools to integrate spiritual ecology into their curriculum and educational practice.

Macy and Gould introduced the core tenets and histories of the spiritual ecology field, which emphasize the interconnectedness and interdependence of all life, and legendary O’Dowd science teachers Tom Tyler and Annie Prutzman told the story of the Living Lab and sustainability on our campus. With the goal of providing practical, tangible tools, connections and inspiration to educators in various fields, participants then worked with a dozen Northern California-based leaders who demonstrated the ways that spiritual ecology is being integrated into classrooms and other educational settings.

“The Our Common Home Summit at Bishop O’Dowd High School was one of the most personally and professionally powerful experiences of my 35 years in education. The tone set by the organizers and the hospitality of the staff and students was truly remarkable. While there was plenty throughout the day to stimulate the mind, the greatest gifts of the summit were directed to the heart, the spirit and to the senses. I returned to my work the next week with a greater sense of commitment and passion for the work ahead of restoring the spiritual ecology of our planet.”

Patrick Adams Bellarmine, Science Department
WHERE LEARNING HAPPENS IN THE LIVING LAB

POND

• Water Quality Project: Students test samples collected from the pond’s four zones: waterfall; stream; marsh and deep water to analyze surface water temperature, dissolved oxygen, water flow rate, pH, nitrate concentration and water clarity.

CENTER FOR ENVIRONMENTAL STUDIES (CES)

• Students complete a self-guided tour of the sustainable features of the CES, such as permeable pavers, rainwater harvesting system, in-slab radiant heating and solar panels.

EDIBLE GARDEN

• Frosh Geo History Design a Civilization Project: Students learn how a closed loop agricultural system works by cycling through three stations in the Edible Garden area (compost, veggie beds and animals) to see how these are connected and how the “waste” from one station is used as input in another station.
• AP Human Geography: Focuses on sustainable agriculture, contrasting Living Lab Edible Garden practices with those of industrial agriculture.

REDWOOD CIRCLE

• The most common and popular teaching space in the Living Lab provides a peaceful space for class discussion or guided meditation, and is the ideal location for students to reflect and contemplate moral and spiritual topics as well as environmental justice issues.

FORESTRY STUDY

• Students work in small teams to measure circumference and crown spread of trees found in the Living Lab. This lesson gives students real-world experience in forestry field science and data collection, and provides statistics to monitor tree growth over time.

ALL AREAS OF LIVING LAB

• Bird Observation and Journaling: Students observe, document and identify bird species found in the Living Lab.
• Organism Adaptations Study: Students identify organism adaptations that provide success for the organism living in the specific biome or niche.
• Citizen Science Data Collection/Bioblitz: Various projects to identify and record specific organisms found in the Living Lab and connect the information to a national data bank.

PROPAGATION CENTER

• Marigold Growth Study: Students seed, grow and monitor their own marigold plants and collect data weekly.
CENTER FOR ENVIRONMENTAL STUDIES (CES)
- Students complete a self-guided tour of the sustainable features of the CES, such as permeable pavers, rainwater harvesting system, in-slab radiant heating and solar panels.

OAK WOODLAND, REDWOOD CIRCLE, POND AREA AND HILLSIDE ABOVE THE CES
- Forestry Study: Students work in small teams to measure circumference and crown spread of trees found in the Living Lab. This lesson gives students real-world experience in forestry field science and data collection, and provides statistics to monitor tree growth over time.

POND
- Water Quality Project: Students test samples collected from the pond’s four zones: waterfall, stream, marsh and deep water to analyze surface water temperature, dissolved oxygen, water flow rate, pH, nitrate concentration and water clarity.

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The spaces and projects highlighted above are just a sampling of the dynamic educational curriculum that stimulates student learning in this unique area.
STEWARDS OF CREATION
CARING FOR OUR COMMON HOME
ALUMNI EXTOL BENEFITS OF THEIR O’DOWD EXPERIENCE

HILLARY SULLIVAN ’09
BACHELOR OF ARTS FROM CLARK UNIVERSITY IN ENVIRONMENTAL SCIENCE AND CONSERVATION BIOLOGY
MASTER OF SCIENCE FROM CLARK UNIVERSITY IN BIOLOGY

Current Position: Research Assistant III at Woods Hole Research Center, Falmouth, Massachusetts

What She Does: I work for a research-based non-profit that is studying the effects of climate change across the globe. I focus on biogeochemistry and nutrient cycling on two major projects. The first is trying to understand how nitrogen pollution from agriculture runoff and septic systems is affecting salt marshes in northern Massachusetts. Secondly, I study stream health in the Brazilian Amazon. We are currently running a phosphorus addition experiment to understand how runoff from nearby intensifying agricultural fields will affect stream dynamics and composition.

“O’Dowd positioned me for success in my field by fostering an environment of critical thinking and challenging me to strive to make a difference in the world,” Hillary said. “It is gratifying for me to be part of this incredible research, because it is contributing to our ability to save and protect vulnerable and valuable ecosystems.”

ADAM KOTIN ’05
BACHELOR OF ARTS FROM POMONA COLLEGE IN ENVIRONMENTAL ANALYSIS AND THEATRE
MASTER OF ARTS FROM BROWN UNIVERSITY IN ENVIRONMENTAL STUDIES

Current Position: Manager of Environmental Regulatory Affairs for the Wine Institute

What He Does: I work at the intersection of environmental science, policy and agriculture to help achieve best outcomes for California farmers and the environment. California’s wine industry is dedicated to being a leader in sustainability—I connect grape growers and winemakers with policymakers to help identify ways of tackling the state’s pressing natural resource challenges in ways that are practical, science-based and accomplish what they set out to do.

“Two teachers who had an indelible impact on my career trajectory were Annie Prutzman and Tim Newman. Through them, I learned how to be more than just ‘book-smart,’ and for the first time as a student, I saw how much I could learn about the world by getting my hands dirty (in the Living Lab) interacting with new communities (on a student research trip to the Galapagos), and generally looking outside the classroom. I also know that my theater training with Dennis Kohles and Trina Oliver—which taught me to empathize with other people and hear their stories—prepared me well for a career that demands a lot of listening to complex, passionate, sometimes contradictory viewpoints.”
Pete May ’79

BACHELOR OF ARTS FROM UNIVERSITY OF CALIFORNIA SANTA BARBARA IN BUSINESS-ECONOMICS AND HISTORY

Current Position: President and Co-founder of GreenBiz Group, the leading media and events company focused on business and sustainability.

What He Does: Oakland-based GreenBiz Group produces the award-winning website GreenBiz.com; organizes the GreenBiz Executive Network for Chief Sustainability Officers in big companies; creates leading research reports like the annual State of Green Business Report; and produces the GreenBiz, Verge and Circularity conferences. Pete co-founded GreenBiz in 2007 along with fellow Oaklander Joel Makower after a successful career in business-to-business and technology media. Pete manages the company’s overall revenue and finances.

“I have a great job. I get to work with a great team in a vibrant business committed to a very important mission around climate change and sustainability,” Pete said. “O’Dowd taught me skills I use today: the importance of hard work, the ability to work closely with a diverse group of people and that having a great ethical foundation ultimately pays off.”

Dominique Drakeford ’06

ADVOCATES FOR SUSTAINABLE FASHION AND EDUCATION

As an O’Dowd student, Dominique Drakeford ’06 was greatly influenced by courses she took in Earth Science, AP Environmental Science and African American History, and inspired by the teachers of these courses: Tom Tyler, Jeff Beeby and Tony Green.

“Having access to outdoor experiences in Mr. Beeby’s class was completely transformative. Being able to learn, explore, go on adventures and engage with environmental-based professionals took my love for nature to a different level. Additionally, my African American history class provided an outlet to self-education that sparked a cultural curiosity that is intentionally leftist of our traditional educational courses. I would say the marriage of these classes was a significant part of my career foundation,” she said.

After graduating from O’Dowd, Drakeford earned a bachelor’s degree in business environmental management at University of California, Riverside and a master’s degree in sustainable entrepreneurship and fashion from NYU.

Today, she’s a leader in environmental education, ethical fashion public relations and community advocacy.

She’s the founder of the digital platform, Melanin And Sustainable Style, celebrating people of color in sustainable fashion, natural beauty and wellness spaces, as well as the co-creator of an information- and resource-based initiative called Sustainable Brooklyn that’s redefining sustainability to be inclusive of marginalized communities through programming and events. She also has a space called Dom’s Conscious Closet, where she shares her eclectic sustainable style and periodically consults with small brands on how to be more sustainable.
1968
Introduction of Environmental Science course by science teacher Brad Goodhart, unique for the time period.

1970
Founding of Ecology Club; club hosts first O'Dowd Earth Day celebration.

1981
Launching of Ecology course by science teacher and Living Lab Co-Founder Tom Tyler.

1998
Debut of AP Environmental Science course by Living Lab Co-Founder Annie Prutzman, who also organizes Earthbound Club.

1999
Living Lab vision unanimously endorsed by faculty and staff.

2000
Planting ceremony to establish the Living Lab led by O'Dowd Principal Fr. Don McLeod; Launching of Applied Ecology class, the first field-based class conducted in the Living Lab.

2003
Establishment of pond, waterfall and wetlands in the Living Lab.

2005
Jane Goodall visits O'Dowd and explores Living Lab.

2010
Planting of orchard in the Living Lab.

DID YOU KNOW...
- Members of the Class of 1956 serving detention "voluntarily" planted the first trees on the Living Lab site. When these trees were subsequently felled to make room for the CES, the wood was carefully milled by O'Dowd students and used in construction of the building.

- Farm to Fork - O'Dowd students (and faculty and staff) enjoy freshly harvested Living Lab produce and eggs incorporated in cafeteria menu selections, as well as a weekly Living Lab soup such as roasted tomato and kale and butternut squash!
Awards and Recognition

2012 Living Lab receives “Bay-Friendly Garden” status
2015 CES receives LEED-platinum certification; O’Dowd becomes America’s 16th Fair Trade School
2016 O’Dowd named U.S. Department of Education Green Ribbon School and was the first Catholic School to receive the highest-level honor (Green Achiever) in California’s Green Ribbon School program (CA-GRS). O’Dowd was recognized as Gold School in 2015 and a Silver School in 2014.

2016 First Catholic school in Alameda County certified as a Bay Area Green Business
2017 Awarded a $30,000 grant from the Altamont Education Advisory Board to continue the school’s Zero Waste program
2017 The CES receives an Acterra Business Environmental Award in the category of Sustainable Built Environment
2017 The CES, which uses natural ventilation and heating only, is named one of 20 zero net energy (ZNE) verified buildings in CA

2013 Groundbreaking in the spring for the $3.6 million LEED-platinum-certified Center for Environmental Studies (CES) featuring two science laboratory/classrooms and an outdoor study space;
Creation of a strategic plan for incorporating sustainability concepts into the curriculum and promoting environmental stewardship

2014 Construction of CES building completed

2016 Introduction of Spiritual Ecology class, a collaborative effort between the Religious Studies and Sustainability departments.

2017 Establishment of EcoLeadership Team, providing opportunities for students to bring forward an environmentally sustainable and just community at O’Dowd and beyond, led by an adult team of faculty and staff

2019 Co-sponsoring of Spiritual Ecology Conference, providing opportunities for the greater community to explore the intersection of environmentalism and awareness of the sacred within all creation

2018 Renewed emphasis on supporting science education and intentional integration of environmental stewardship with sustainability practices in all academic disciplines
KINSHIP WITH CREATION

Whether studying Science, English, Religion, Math or Social Studies, O’Dowd students faithfully explore the interconnectedness of the earth and man. And the Living Lab is the ideal setting for applied and experiential learning, as well as reflective, inspirational and investigative activities that support this exploration and bring concepts to life.

Advanced Placement Human Geography examines the ways patterns of migration, politics, culture, urbanization and industrialization impact environmental and social sustainability at various scales.

“During our study of agricultural and rural land use, students zoom in to the local level by learning about sustainable approaches to farming and animal husbandry through hands-on lessons run by our Living Lab educators,”

-Sarah Bremer, Social Studies Teacher
A KEY THREAD IN O'DOWD'S CURRICULUM

The Living Lab is the perfect space for Expository Writing students to practice incorporating imagery in their descriptive writing.

"Being dislocated from their routine helps them see and experience things in a different way and be more in tune to what they want to present to their audience as writers. Tasting tomatoes off the vine, watching fish swim in the pond, and listening to the rustle of leaves in the trees brings the subject matter to light in a way that being within the four walls of classroom can’t."

-Jessica Murach, English Teacher

Geometry students look for geometric themes in nature, such as parallel lines in tree trunks, angle relationships among branches, and the golden spiral in flowers.

"Conducting class in the Living Lab helped the students to see how geometric themes are all around us, and how nature expresses geometry. Our time in the Living Lab helps students appreciate geometry as a way to interface with and appreciate the beauty of God’s creation."

-Willie Van Doren, Mathematics Teacher
Director for Justice and Kinship Michael Downs recently had a conversation with Paul Dolan ’68 about his pioneering work in organic and biodynamic grape-growing and winemaking, and his thoughts about leadership in environmental sustainability.

Considered California’s father of sustainable winegrowing, Dolan started his winemaking career in 1977 with Fetzer Winery in Mendocino—a small winery at the time—and eventually became president. He now owns Dark Horse Ranch Vineyards, a biodynamically certified 70-acre vineyard that is a family project and labor of love.

Dolan has served as chairman of the Wine Institute (2006-2007), chairman of the Sustainable Winegrowers Alliance (2002-2003) and helped lead the strategic planning process for the American Wine Industry. He also served on the board for The Climate Group, an international organization committed to 100% renewable power.
“O’Dowd fully recognizes that by creating the space for exploration, the encouragement to learn and dream ultimately to recognize that we can trust in our imagination and our intuitions.”

-Paul Dolan ’68

ON EDUCATION AS EXPLORATION

Dolan says life is really about continual exploration through moments of exhilaration and exhaustion.

“When you build the muscle of continuous exploration—not just for the sake of exploration but for the possibility of what is going to be discovered—you start to experience the power of exploration over the need to simply look for answers. I continue to explore how I can help others in the quest of expanding one’s awareness in the world of regenerative agriculture. It’s inevitable that climate change is going to cause significant damage to the planet, our environment and our lives, more so for some than others. We don’t know all the answers to resolving this threat that we’ve created for ourselves. I believe now is the time for us to recognize that the current world view of “the planet is here for us to use as we please” is not sustainable, and we will first need to shift our worldview to recognize that we are here to play a critical role in the stewardship of the planet. I believe it is inside of this worldview that we will find new insights to this critical challenge.”

ON THE POWER OF THE HUMAN SPIRIT

Dolan firmly believes that climate change can be curbed through the power of the human spirit, but that the human spirit has not yet demonstrated itself fully.

“Years ago I had the opportunity to visit with a group of strategic planners at Shell Oil Co. in the UK while exploring approaches to dealing with the global warming.

“Shell is known for their scenarios planning process used in developing opportunities to address company challenges, as well as to create competitive advantages. The organization I accompanied was there to listen to their work and conclusions. They essentially concluded that there was no solution to averting the damage from a runaway increase in carbon in the atmosphere. All of the scenarios explored came to the same dire end point.

“After a thoughtful and engaged dialogue with our organization, they politely excused themselves, shortly returning only to share with us that they realized that they had neglected to consider the power of the human spirit. They suggested that if there was a strategy to avert the climate crisis, it would only be found in the creativity and commitment of those who were willing to look in places they had not considered before, as well as with those who were not willing to give up on themselves, their families and their communities.

“We as humans are both matter and spirit. There’s no matter without spirit, and there’s no spirit without matter. And yet we continue to organize our thinking around but one of these: matter, the reductive approach to life. Exploring the world in service of the spirit of all life is an amazing opportunity which opens up a whole new world of insight. The Pope, too, has expressed this same sentiment in his encyclical on the environment while focusing on the importance of the human spirit’s role in taking on today’s challenges.”

ON EXPANDING OF CONSCIOUSNESS AND OUR WORK AT BISHOP O’DOWD HIGH SCHOOL

Dolan says he was greatly influenced by the book, Journey of the Universe, by Brian Swimme and Mary Evelyn-Tucker, which was inspired by the teachings of Catholic eco-theologian Fr. Thomas Berry. The book imagines how the earth and its human civilizations can flourish together.

“It was a beautiful conclusion that Swimme shares, starting with the realization that the universe must have had some element of consciousness for it to move through vast time and extreme temperature changes, which resulted in the beautiful rhythmic nature of the universal system. Then he further suggests that planet Earth has its own consciousness demonstrated in the creation of the expressions and intricacies of all of Earth’s life forms, resulting in the delicate balance of nature’s system. Finally he concludes that we have now reached a time and place where a new level of consciousness is required specifically by us as humans, who have the unique accountability and the opportunity to sustainably steward all living forms. This is an awesome responsibility, and I believe the required consciousness is awakening in us all.

It’s quite overwhelming and yet exhilarating at the same time. What you are doing at O’Dowd (in the Spiritual Ecology course and Living Lab) is a perfect example of providing that space for young, creative, passionate minds to explore in new ways within a great challenge. O’Dowd fully recognizes that by creating the space for exploration, the encouragement to learn and dream and...
ultimately to recognize that we can trust in our imagination and our intuitions. You, the O’Dowd community, are creating the possibility of students to be fully expressed, alive, curious and prepared for the new world approaches required.

“FRAMEWORK OF LISTENING” AND THE LAND AS A LIVING ORGANISM

At his vineyard, Dolan engages with the farm as a living organism, which he believes has something it wants to communicate and express.

“Scientific and spiritual truths are pointing to the phenomenon, everything is interconnected, and the earth has a message for us. I like to describe the farm as a living organism with a respiratory system that breathes out in the morning, and in at night—a circulatory system found in the flow of water during rainy season moving across the land, through the soils deep into the root system, a nervous system expressed by the farmer in her everyday decisions, and a digestive system made up of grazing animals above the soil and billions of microbes deep in the root zone. When you look at a farm from this perspective, you start to see the ‘beingness’ of the farm, its personality. You begin to recognize it’s not just organic matter, or trees and dirt, or plants and animals. The farm is a living system that is unique to that place. You can hear it, smell it, feel the wind on the hairs of your body and sense it throughout your entire body. Each and every farm site has its own unique expressions, and if we stop to notice or ‘listen,’ I like to say, we will forever change our relationship and respect for it.”

LIVE YOUR LIFE AS IF THE WORLD DEPENDS ON YOU

Dolan says that despite the looming climate crisis, he remains hopeful and engaged in sustainability efforts.

“I used to be more anxious about it, but I’ve come to trust the process and that there are enough concerned and dedicated people on the planet that we’ll find ways to resolve issues and concerns, one by one. But the more powerful way to engage is to live one’s life as if the world depends on us. It is going to get tough, there’s no question about it. I believe life will survive because we can trust in the power of the human spirit. It’s just that simple for me.

ON RAISING KIDS WHO ARE “FULLY EXPRESSED”

Dolan’s greatest hope is that society recognizes its responsibility to provide healthy environments for its children, creating opportunities for them to make great life choices similar to his grapevines.

“The focus is not on the plant or the child, but rather on the health of the space in which each lives and explores. With plants, we hope that they will send their roots down deep, extract as much energy and resources as they need in order to grow healthy and fully expressed, and in my case, great flavors from the berries that produce our wines. With our children, we as parents have one important role to play: that of contributing to their environment. We can do this by providing them healthy, organic food choices, the opportunity to go to good schools, develop lasting friendships, to be involved in sports or music or the arts. I suggest our primary job is to recognize we can’t force our children, but rather we can contribute to a healthy environment where they can choose and explore for themselves. In providing that space, our children can discover their life’s path for themselves.

“I believe that when a child lives inside their discoveries, they develop mastery and therefore power in knowing themselves, which will contribute to our greatest hope for them: that they grow up being fully expressed.”
WALKING THE TALK

O’Dowd is engaged in a number of sustainability efforts—both on and off campus—to reduce environmental impact and preserve resources. These include:

• Tri-bin waste system installed across campus to reduce littering and divert recyclables and organics from the landfill.

• Composting of food scraps from the school cafeteria, which diverted more than 2,000 pounds of food scraps from the school cafeteria in 2018-19.

• Rounds of the trunk of a large pine in the Living Lab that fell during a winter storm reserved and installed by students as new seating areas in the Living Lab.

• Taking weekly donations of old/unsellable produce from Mandela Marketplace in West Oakland, which are processed in compost bins on the O’Dowd campus, to make nutrient-rich soil used to amend the Living Lab garden beds.

• Educating and involving students in composting through Green Dragons workshops and on monthly Saturday Service Days. Compost education is also integrated into several classes—freshman Human Geography and AP Human Geography—bringing students into the Living Lab to see how a closed-loop agricultural system works.

• Using wood-chip donations from local tree companies on pathways in the Living Lab and for sheet mulching, which suppresses weeds. The wood chips break down over time and improve the health of the soil and enable plants to thrive.

• Donation of more than 1,000 seedlings grown in the Living Lab to 20 public elementary schools in Oakland that are designated as Title One (schools with large concentrations of low-income students) as well as local Catholic elementary schools and community gardens.

ALICE BEITTEL ’15

SENIOR AT UNIVERSITY OF CALIFORNIA, DAVIS

MAJOR: ENVIRONMENTAL SCIENCE

MINOR: GEOGRAPHIC INFORMATION SYSTEMS

Field Work: Undergraduate researcher for the Mongolian American Aquatic Ecology Research Initiative studying the impacts of climate change and development on the Selenge River Valley of northern Mongolia. The goal of the work was to understand how the construction of a proposed hydroelectric dam would affect the people and animals who use the river daily.

What She Did: I worked to investigate how a dam could influence the behavior of a native fish species commonly found in the area. Hydroelectric dams dramatically alter aquatic habitat by changing the sediment levels, currents, and nutrients available to aquatic animals. To mitigate impacts on fish populations, many dams offer passageways for fish to cross the dam. Our questions revolved around investigating how a fish’s behavior could influence its usage of such passageways. Behavior is often an animal’s first line of defense when facing new situations and environments. Knowing how fish interact with dam passageways will enable engineers to make smart design choices that have the potential to help fish populations adjust to their new environment.

“My O’Dowd education trained me to think critically about how all of life is connected. Taking AP Environmental Science with Ms. Prutzman and going on the Ecology Project International O’Dowd research trips played an immense role in solidifying my interest in ecology and setting me on the path to where I am today. Living Lab work days where we learned about intercropping and classroom discussions on current environmental justice issues made me realize how environmental science is much more than just collecting data or memorizing plant names. It’s about deepening our understanding of how we impact life around us and how we can create environmentally equitable solutions for people and planet.”

STEWARDS OF CREATION CONTINUED FROM PAGE 15
A life-long learner and mission-driven Catholic educator, Christopher Smart, Ed.D., is poised to become O’Dowd’s next principal on July 1.

In this role, Smart will oversee all aspects of the curriculum, including the co-curricular programming that complements and enhances the academic program, and will collaborate with President James Childs on achieving O’Dowd’s bold institutional priorities.

“Chris is a great match for our current needs. He is a very careful listener, inviting folks to share their stories—to be heard and honored. He will capably partner with our associate principals, nurture teachers and align around our strategic priorities as a school. I found his sensibilities around all aspects of our charism to be especially compelling,” Childs said.

When asked to reflect on the next era in his professional journey, Smart remarked, “O’Dowd’s national reputation as a leader in its implementation of 21st century learning and instruction, its promotion of student-centric innovation in environmental science and instructional technology, and its commitment to its Catholic identity and its charism of ‘Finding God in all Things’ attracted me to seek the position of principal.”

“I believe that my experience in a wide-range of servant-leadership roles has fostered an administrative skill set which promotes the learning needs and care of all students, collaborative leadership opportunities for teachers, and the institutional priorities of O’Dowd,” he said. “I’m eager to partner with others in the active cultivation of O’Dowd’s unique community in diversity. I am filled with enthusiasm and gratitude for the opportunity to serve the students, faculty, staff, parents and alumni as the next principal of Bishop O’Dowd High School.”

Smart made several visits to O’Dowd in the spring, getting to know the O’Dowd community prior to his official start of service.
A highlight of his time on campus was attending the Multicultural Assembly. “During the assembly, I caught a glimpse of the heritage and tradition of O’Dowd. I sat next to the grandparents of two current students, one of whom was performing in the assembly. In the conversation, they shared with me that their children had attended O’Dowd and now their grandchildren were about to graduate from O’Dowd. I could clearly sense their passion for the mission of O’Dowd and the pride they had in seeing how their children and grandchildren had grown in character, intelligence, and service because of their experience at O’Dowd.”

Smart was equally inspired during his visits to classrooms. “A highlight was seeing the enthusiasm of a science teacher and her students as they were assembling the framework of a robot during a lesson in Robotics class. Elements of design thinking, creativity, and academic excellence were present as students collaborated on the physical construction of parts of the robot as well as organizing the software that operates the robot. Deep learning can be fun!” he noted.

Smart and his wife, Kathy, have a son, Ryan, who’s 26.

“Chris is a great match for our current needs. He is a very careful listener, inviting folks to share their stories—to be heard and honored.”

–James Childs, O’Dowd President
NATIONAL MERIT COMMENDED

National Merit Scholarship Program Commended Students Announced Jacqueline Arnold, Aniket Dhar, Alden O’Rafferty, Duncan Liebreich and Bryce Suzuki were among some 34,000 students throughout the nation named Commended Students in the 2019 National Merit Scholarship Program.

O’DOWD STUDENTS NAMED NATIONAL MERIT FINALISTS

Sofia Odeste ’19 and Colm Connolly ’19 were recently named finalists in the 64th annual National Merit Scholarship Program. The selection of some 7,500 Merit Scholarship winners from more than 1.6 million juniors who entered the 2019 National Merit Scholarship Program by taking the Preliminary SAT/National Merit Scholarship Qualifying Test is now in progress.

NATIONAL HISPANIC RECOGNITION

O’Dowd Students Acknowledged as National Hispanic Recognition Program Scholars Seniors Zachary Figueroa, Zoe Read-Brown and Benji Fine were recognized as 2018-19 National Hispanic Recognition Program (NHRP) Scholars. Each year, NHRP recognizes about 5,000 academically exceptional students from among the 250,000 Hispanic/Latino juniors who take the Preliminary SAT/National Merit Scholarship Qualifying Test (NMSQT).
McKenzie Taffe ’19 remembers looking out of the window of her home in Louisiana, as the outer edges of Hurricane Katrina made landfall on Baton Rouge Parish in August 2005.

“To me, it was just a bad storm, but to thousands of others, it was life or death. I lived in a middle-class, predominantly white suburb, away from the bayous and broken levees that designated Katrina the costliest hurricane on record,” she said.

Taffe was one of three seniors in Mollen-Dupree Dominguez’s Justice in Action class whose stories were featured live on KQED shows as part of the KQED Youth Takeover Project. Launched last year, the project seeks to elevate the voices of the youth community through stories that matter to them.

Her piece “Escaping Natural Disasters is a Matter of Privilege,” detailed her personal experience with Hurricane Katrina.

“The reality is that natural disasters disproportionately affect poor and marginalized communities, and that global warming will merely intensify the gap between the rich and poor. It’s easy to notice the stark contrast in how rich and poor communities experience major disasters like this,” she said. “The reason why my family was able to bounce back from this natural disaster and relocate, when so many others could not, is largely due to affluence.”

Other students whose pieces were featured included Jasmine Powell and Jeneva Toolajian.

Powell’s story was about “Blackfishing” – when a non-black person culturally appropriates black features to appear black or mixed race – and the lines between cultural appreciation and appropriation. Toolajian examined eating disorders in “From Harmful Dieting to Embracing ‘Body Positivity’.”

Dominguez was thrilled to have her students participate in the program, which involved mentoring from KQED producers and staff including Program Manager for Student Media and Classroom Learning Teresa Wierzbianska ’96.

“It provides real-world experience for my students and allows them to get honest feedback from professionals in the field. It really makes their research and contemplation seem relevant to contemporary society – it’s a teacher’s dream!” Dominguez said.

Additional student stories were published on the KQED website https://www.kqed.org/news/bishop-odowd-high-school
INNOVATIVE O’DOWD TEACHING STRATEGIES
AN EXAMPLE FOR HIGHER EDUCATION
When religion teacher Molleen Dupree-Dominguez saw a call for teaching strategies in a newsletter published by the Wabash Center for Teaching Theology and Religion, she was immediately intrigued.

“I thought I would submit one—even though their focus is undergraduate teaching and I teach high school,” she said. “The fact is, many students we serve at O’Dowd are operating at an undergraduate level. I think our teaching strategies could be appropriate for most undergrads throughout the country.”

She was right. Her “Teaching Theology and Religion” was published in the Wabash Center Journal on Teaching earlier this year.

The lesson plan, “Social Location Project,” allows the class to build a sense of community by sharing about who each person is and where they come from. It also makes identifying issues like ethnicity, class and gender a focal point of the class and begins a safe space for tough conversations.

“This project is the foundation upon which we build an analysis of privilege, stereotype, prejudice, racism and sexism in all three courses that I teach,” Dupree-Dominguez explained. “It’s different from other lessons, because it opens a unique space where the personal experience of the students intersect with the content of the courses. It takes a lot of class time, but I find the investment of time to be worth it.”

Dupree-Dominguez said, “Research suggests that in order for students to learn, they must attach prior knowledge to new information. I know my students will remember precious few of the facts, dates, or Bible verses we’ll discuss. At the end of the day, I am committed to student-centered learning because I want the “bigger lessons” to stick: commitment to integrity, respect for time-tested wisdom, and love for humanity. I believe with lessons and activities that prompt a deep investigation of reality, this learning will last.”

Associate Principal Colette Roche said Dupree-Dominguez continually crafts engaging, innovative and relevant lessons for her students. “I’m delighted to see her contribution to the profession through sharing lessons with an undergraduate community,” she said.

At the end of the day, I am committed to student-centered learning because I want the “bigger lessons” to stick: commitment to integrity, respect for time-tested wisdom, and love for humanity.

-Molleen Dupree-Dominguez, Religion Teacher
Former Bishop O’Dowd High School President Steve Phelps was remembered with gratitude and affection at O’Dowd’s signature annual fundraising event, the Transforming Lives Dinner, held on campus October 25, 2018.

Attended by 320 people, the sold-out event raised over $450,000 for financial aid, a program near and dear to Phelps’ heart. The keynote speaker was Board of Regents member Kerwin Allen, and student speakers were Diego Madrigal ’20 and Layla Gafni-Kubukeli ’19.

Chris and Amy Phelps, pictured with Board of Regents member Tracey Borst, attended the Transforming Lives Dinner honoring their father, past O’Dowd president Steve Phelps. During the event, Board member Kerwin Allen talked about Steve’s unwavering commitment to Catholic education.
The Transforming Lives Dinner began under Steve Phelps’ leadership as part of his dedication to ensuring that an O’Dowd education could be accessible to all deserving students. Today we are reminded of his vision and proudly commit to continue providing financial aid to 30% of our students—totaling over $3.5 million annually.

“We are here tonight because Steve believed that money should not get in the way of receiving the benefit of a world-class education. He brought this event to O’Dowd seven years ago to ensure we support this vision with action. It is my hope that when you share your time or resources for supporting O’Dowd, you’ll think of the aspirations Steve had for each of our students and for us as a community.”

-Kerwin Allen, Board of Regents Member

The Transforming Lives Dinner began under Steve Phelps’ leadership as part of his dedication to ensuring that an O’Dowd education could be accessible to all deserving students. Today we are reminded of his vision and proudly commit to continue providing financial aid to 30% of our students—totaling over $3.5 million annually.

Gifts to financial aid ensure the socio-economic diversity of our community that is critical in preparing all of our students to do well and do good.

TRANSFORMING LIVES DINNER COMMITTEE

Mary and Glen Hentges, chairpersons
Tracey Borst and Robert Menicucci
Elaine and Patrick Connolly ’85
Kendall and Michael Connors
Laura and Sebastian Grady
Heather Kuiper and Loren Rauch
Nikki Maguire and Alex Byron
Monica and John Marcone

If you couldn’t make it to the Transforming Lives Dinner, you can still support financial aid at O’Dowd. Visit https://www.bishopodowd.org/giving/.
Halfway through his freshman year at Portland State University, Isaiah Henry ’18 is still adapting to the academic, athletic and social demands of college.

Because of the academic preparation he received at O’Dowd, Isaiah was able to advance to two upper-division courses his freshman year of college, including chemistry. He has his sights set on majoring in political science and pre-law. Isaiah embraced the focus on dignity and personal responsibility that O’Dowd demands and uses that as a motivation to help guide him through the academic challenges, such as seeking out a one-on-one advisor. “That help was provided, and I feel like it’s made a difference,” he said.

He’s also gained an understanding of the importance of balance in his life. “I’ve learned that I don’t have to go hard every day, all day. I don’t want to burn out,” he said. “I am still trying to get better every day, but I make sure I take time for myself.”

A star on the Dragons’ 2016 state championship football team, Isaiah red-shirted his freshman season in college. “That was a big adjustment,” he said. “But after talking to some teachers and counselors at O’Dowd over winter break, I was able to find value in things outside of football.”

Isaiah was among the 30 percent of O’Dowd students receiving nearly $3.5 million in financial aid during 2017-18. “It was a blessing. I know so many people who applied to O’Dowd and didn’t get in, and those who were admitted but couldn’t come because they didn’t get financial aid,” he says.

He will be forever grateful to O’Dowd donors for setting him on the path to success.

**SAVE THE DATE**
**Transforming Lives Dinner**
**November 7, 2019**
Find more information at www.bishopodowd.org/tld
Bishop James T. O’Dowd was recognized as a visionary leader who positively impacted countless young men and women at the Annual Founder’s Day Assembly held during Catholic Schools Week. The assembly celebrated our Dragonhood and Catholic education.

“When James T. O’Dowd had an idea for a high school, I wonder if he really knew the ripple effect he would have on so many lives,” Director of Activities Starr Gray ’98 said. “Unfortunately, he died before he could see his vision come true, but his vision lives on in all of us Dragons as we continue to thrive and grow in our awesome community.”

The Superintendent of Schools of the Archdiocese of San Francisco, Bishop O’Dowd was in the process of drawing up plans for a new Catholic high school in the East Bay when he died suddenly in a car accident at the age of 42. He had already helped plan and establish nearly two dozen Catholic schools in the area, including Marin Catholic in San Rafael and Archbishop Riordan High School in San Francisco.

“James T. O’Dowd’s vision is the reason we are all here at this place today. Just think, if he didn’t have this vision of our school, who knows where all of us would be right now,” Gray said. “I can surely say my life would be very different today.”

Bishop O’Dowd’s vision has impacted more than 17,000 students since the doors to our school opened in 1951.
GET INVOLVED
IN YOUR ALMA MATER

SHARE A JOB/INTERNSHIP OPPORTUNITY
RALLY YOUR CLASS FOR ITS REUNION
HELP FIND “LOST” ALUMNI
UPDATE YOUR CONTACT INFORMATION
SEND US AN UPDATE FOR CLASS NOTES
PLAN A CAMPUS VISIT

SAVE THE DATE
FOR UPCOMING EVENTS
ALUMNI SUMMIT—September 10, 2019
ALUMNI BEER GARDEN—October 18, 2019
TRANSFORMING LIVES DINNER—November 7, 2019
CRAB AND PASTA FEED—February 1, 2020
ALUMNI NIGHT AT THE THEATER—May 1, 2020
GRAND REUNION: PARTY ON THE QUAD—May 16, 2020

Contact Liza Dawn Aduviso
laduviso@bishopodowd.org
(510) 553–8617
www.bishopodowd.org/alumni-portal

KEEPING YOU IN THE LOOP WITH O’DOWD ONLINE
There’s a lot going on at O’Dowd! We want to keep you in the loop, but don’t want to inundate you with information that is not meaningful for you. So we recently transitioned all alumni to the monthly O’Dowd Online, curated for the entire community and friends, which contains feature stories, campus news of broader interest, alumni news, and a digest of upcoming events.

Our weekly Wednesday e-newsletter has transitioned into a current student and family-focused communication filled with practical, time-sensitive information about activities that require action. Should you want to remain on the weekly e-news distribution list, great! It’s easy to change your preferences by clicking on the “Update Profile” link in the footer of O’Dowd Online. You will receive an email that allows you to update your interest categories. Happy reading!
The latest initiative took place earlier this year, when the Alumni Task Force Advisory Group gathered to discuss progress and ideas on achieving this goal. This group includes Beth Newcomb ’55, Doug Taylor ’70, Mark Leyva ’76, Dana Ciraulo Young ’83, Jay Beito ’92, Sean O’Shea ’98, Lauryn Holloway ’03, Maurita Toler ’07 and Tamarik Rabb ’17.

“I’m excited to partner with these alumni leaders and to collaborate moving our alumni relations program forward,” Director of Alumni Engagement and Philanthropy LizaDawn Aduviso said, adding, “And we’re very fortunate to have Jim Negri ’68 serve as chair and facilitator of this group.” Jim is deeply rooted in the East Bay, having many connections with Corpus Christi and Our Lady of Grace parishes, and Oakland CYO.

Negri taught (do we know what subject?) at O’Dowd and later served as school superintendent in various districts before retiring from the Castro Valley Unified School District in 2015. His son Jason ’98 continued the family tradition of attending O’Dowd.

“I believe that an actively engaged alumni serve as the bridge between the historical and future greatness of Bishop O’Dowd High School. As alumni, we benefitted from the O’Dowd experience, and now we have an obligation to ensure that experience for current and future students,” Negri said.

A consistent Career Day volunteer, Dana Ciraulo Young ’83 is particularly interested in developing a professional networking program in which alumni can more easily connect with students and share valuable information regarding careers. “We’re lucky that O’Dowd is an active and intimate community—much more than many colleges. We have alumni who want to help future alumni, and finding additional opportunities to network will engage more O’Dowd graduates,” she said.

Tamarik Rabb ’17 agrees. “Alumni want to help students, and students appreciate getting helpful advice and tips as they start applying to colleges,” he said. Rabb regularly returns to O’Dowd to talk with students about navigating the college landscape and encourages them to embrace leadership opportunities. He believes students can benefit from the experience of alumni, and that alumni find great satisfaction in paying their experiences forward.

Alumni, please be on the lookout for a quick survey from the O’Dowd Alumni Task Force! We are seeking your input on how you want to hear from and be involved with your alma mater.
WATER POLO PLAYERS AND SWIMMERS SHARE FOND MEMORIES AT 6TH ANNUAL ALUMNI BEER GARDEN

What do you get when more than 20 alumni water polo players and swimmers gather together with other proud Dragon alumni? Lots of great memories!

Chris Ardoin ’05, who swam all four years of high school, fondly recalled the camaraderie developed when the team traveled for away meets, such as to San Diego.

“I was able to get to know the other swimmers not only as teammates, but lifelong friends,” he said.

Ardoin was among the athletes recognized at the Annual Alumni Beer Garden, held October 19, 2018, prior to the varsity football game. In all, more than 90 people attended the event, which honored coaches Jan Hagan, Dennis Dougherty and Emily Schmit ’97.

“We couldn’t be in our sixth year of the Alumni Beer Garden without the awesome response from alums. We host events like this to show appreciation for O’Dowd alumni, so it’s wonderful how many have embraced this tradition,” Director of Alumni Engagement and Philanthropy LizaDawn Aduviso said.

Event attendee Kelly Cronin ’80 said the Alumni Beer Garden is always a fun evening. “From the minute we drive through the gate, we receive a warm welcome from the security guards. Then, we are greeted with friendly smiles from current families. The setting is beautiful. Connecting with alumni and seeing familiar faces makes it a night to remember,” he said.


From left to right, Jeannie Stott, Sally Perez, Katie Durkin Cronin ’80, Kelly Cronin ’80 and Mario Perez ’91 enjoyed the evening. “I feel blessed that Katie and I went to O’Dowd, and we are thankful that both of our kids (Connor ’09 and Emma ’13) had the opportunity to attend the school as well. O’Dowd has a special place in our hearts,” Kelly said.
Grand Reunion 2019

Close to 300 attendees came to the second annual O’Dowd Grand Reunion: Party on the Quad on May 18, 2019.

This event provided an opportunity for alumni to connect with classmates, friends and beloved faculty throughout the decades. Not deterred by rain, each class celebrating a reunion had its own designated gathering space in the gym. The gym was transformed into a huge celebratory space, complete with music, games, delicious food and beverages.

“Having a Grand Reunion was an awesome thing to do, bringing students back together and honoring them for attending O’Dowd. It was wonderful to see all the faces after 50 years and to see the school - it has grown and it is awesome. I am proud to have graduated from O’Dowd.” -Nyla Backster Bowers ’69

For some alumni, this was the first time they’ve returned to O’Dowd since graduation. They, along with other alums who wanted to take a walk down memory lane, were given a campus tour led by student Dragon Ambassadors.

“To be on campus to share food, memories, updates and laughs with faculty and classmates felt like being with family.”
-Nancy Wilkens Fitzpatrick ’89

Several retired and current faculty members joined in the festivities, including Jack Dold, Jim Negri ’68, Thien Pham, Tim Newman, Tom Tyler, Fran Warmerdam, Sondra Arnsdorf, Mattie Ignacio and Annie Prutzman.

Alums, be sure to mark your calendar for next year’s Grand Reunion: Party on the Quad – May 16, 2020!

SAVE THE DATE
Saturday, May 16, 2020

All alumni are welcome.

For more information: visit www.bishopodowd.org/grandreunion2020
CAREER DAY: ALUMNI SHARE PERSPECTIVES AND CAREER ADVICE

Remember when you were a high school student, overwhelmed about what college major to choose and what profession you wanted to pursue? A host of accomplished O’Dowd alumni returned to campus on March 15 to participate in the annual Career Day event, bringing enthusiasm and passion to inspire our students.

Alumni presenters shared what they took away from their high school experience that guided them in their career journey. Each said that the long-lasting friendships they forged with fellow classmates and faculty and staff have proved invaluable throughout the years, and that the college preparatory education provided at O’Dowd gave them a leg up in college and beyond. Students were appreciative of the time and counsel provided by the presenters, who also included parents and community members.

PEARLS OF WISDOM FROM ALUMNI

“Always be respectful, but speak your mind. If you are prepared and know the material, don’t be afraid to say what you know.”

—Peter Counts ’11, strategy and analytics

“Don’t be worried about making a mistake. Have courage to move forward, and it will work out for you.”

—Patricia Borba McDonald ’59, interior design

“Sample things. Find what you want to do and what really ignites your passion.”

—Chris Fee ’89, emergency room medicine

“Be a gate rather than a hurdle.”

—Shelley Russi ’88, referee consultant

“Don’t chase the money, follow your passion. Provide the best service or product, and the customers and money will come.”

—Derreck Johnson ’83, entrepreneur/restaurateur

“Success is always sweeter when it’s shared.”

—Maria Zizka ’06, cookbook author

STUDENT PERSPECTIVE

“I liked how she talked about her job in the context of other sciences and also global issues, showing how versatile a degree in the sciences can really be.”

“The presenter was very helpful in speaking about how long it takes to achieve her position, and she didn’t sugar-coat, which was nice. She had to be straight up and realistic for us to get a true feel for the job.”

“Her story was really interesting in terms of how her path in life evolved, and she took the time to stress that you aren’t necessarily going to end up where you thought you would, but it’ll be the right place regardless.”

NEW YORK CITY ALUMNI MEET UP

The Harvard Club’s Rooftop Bar was a beautiful location for the New York City Alumni Meet Up hosted by Anne Nelson Zahner ’74 on April 4. Sixteen alums attended and it was wonderful to see many years represented, from 1959 to 2015.

Everyone was excited to connect with other alums in the East Coast and hear about all the great things happening at O’Dowd.

Alumni Meet Up attendees included, from left to right, Anne Nelson Zahner ’74, Mary Lyn Henry-Varnay ’59 and Mark Bavoso ’79.
It's Showtime!

Alums Return to Campus for Spring Musical

More than 70 alumni and friends gathered for the fourth annual O’Dowd Alumni Night at the Theater reception in the Center for Environmental Studies on Friday, May 10, before attending the drama department's production of *Working*. They also had a chance to check out the O’Dowd Arts Festival showcasing even more artistic talent of our students.

Several of the alumni were drama department veterans, including Carnetta Turek ’74 who drove that morning from Southern California to attend the event. Turek and O’Dowd Drama Director Dennis Kohles ’69 had performed together as students at St. Louis Bertrand and Turek wanted to make a special trip to see the musical and show her support of her friend and fellow Dragon.

Special thanks to the theater department and Kohles for providing complimentary tickets for the O’Dowd alumni, and well-deserved kudos to all the talented students in the musical. Save the date for next year’s event: Friday, May 1, 2020.
1958
Fifty-eight members of the Class of 1958 gathered at the Concord Hilton Hotel on October 6, 2018, to celebrate their 60th reunion. O’Dowd’s Director of Alumni Engagement and Philanthropy LizaDawn Aduviso and Donor Relations Officer Jen Ripley also joined in for the celebration.

Leslie Wong is wrapping up an impressive 46-year career in education and administration, officially retiring July 30, 2019 as President of San Francisco State University, a position he’s held since 2012.

1959
Acting teacher and author Mari Lyn Henry received a League of Professional Theatre Women Special Award in March. She was recognized for her service to the industry as a casting director, acting coach and teacher, author of one of most widely used manuals on the business of acting, and her service in establishing theatre history and heritage as an important parity advocacy tool for the league.

1968
Members of the Class of 1968 held a two-day celebration for their 50th reunion last November, with more than 30 alums participating each day. On Saturday, November 3, 2018 classmates enjoyed a Hornblower Supper Club Cruise on the San Francisco Bay, and they gathered the following day at a classmate’s home in Vacaville for a picnic.

Leslie Wong
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1979
Dave DeMers is the new Associate Director for Immigration Issues with the Diocese of San Diego Office for Life, Peace and Justice.

1984
Senior Vice President of Media Sales at BET Her (formerly Centric TV) and author Michele Thornton Ghee was honored at The Merge Summit, held in Los Angeles October 11-13, 2018. Together with TV personality and philanthropist Steve Harvey, faith leader Bishop Joe L. Ealy and Congresswoman Maxine Waters, Ghee was honored for making an impact in bridging the worlds of faith and entertainment.

2000
Encouragement expert Dwight Taylor Sr. released his first book, Domi8 Your Day: 100 Empowering Statements that Encourage Greatness, a high-energy, high-value, interactive book that takes readers through insightful explorations of how self-awareness can positively impact their lives and the lives of others. In addition to being an author, Taylor is a TED-talker and award-winning professional communicator who has been seen and heard on Showtime, Fox, CBS, BET, ESPN and JUCEtv.

2002
Brandon Davis married Melissa Lovelin on July 28, 2018. Fellow Dragons Ashley Fernandez ’02 (groomsman) and Zach Smith ’03 (reader) participated in the wedding.
2006

Maria Zizka published her first solo cookbook, *The Newlywed Table*, in April. "It focuses on cooking at home as a team and has 100 essential recipes—classic and contemporary—that reflect the way we want to eat today: fresh, seasonal, full-flavored, creative, and a little adventurous, too," she said.

2010

Chanelle Bell was accepted into the Surge Fellowship and the Obama Foundation Community Leadership Corps. She also launched her own organization, Positively Melanin, an online space and community highlighting influential professionals of color in Chicago who are thriving in their careers. The organization’s goal is to curate content that offers representation and hope for young professionals of color who need guidance and support looking to enter similar career fields.

2011

Sarah Raven married Josh Marsh at St. Theresa Church on September 15, 2018 and celebrated with friends and family at a reception held at the Fratellanza Club. A host of alumni attended the wedding including Maddy Richardson ’11, Amanda Raven ’15, Nate Gipson ’15, Isabella Bautista ’14, Karen Bozzone Raven ’86, Sarah Raven ’11, Natalie Ryan-Fong ’11, Kathy Bozzone Olmos ’89, Irene Wong ’89, Laura Goslee ’11, Luke Olmos ’21, Steve Correia ’82, David Bozzone ’82 and Michelle Raven ’13.

2014

Christina Riani is enrolled in a PhD program in Environmental Studies at UC Santa Cruz, working on the “Summen Project” with Dr. Elliott Cambell studying the impacts of climate change on fog and redwood trees.

2015

Emma Shilliday graduated from Belmont University in December with a degree in songwriting. She is currently working at Epidemic Sound in New York, a music company dedicated to sound-tracking videos, films and TV shows for companies like Netflix, Complex, ESPN, Amazon Studios and Disney.

2016

Lizzy Counts and Katie Orbeta were both at the November NCAA Regionals for women’s DIII volleyball, held at Berry College in Rome, Georgia. Counts plays for Colorado College, and Orbeta plays for Rose Hulman Institute of Technology. While neither the Colorado Tigers nor the Rose Hulman Fighting Engineers won the title, it was fun for the Dragons to reunite.

A member of the PR3 mixed four, Charley Nordin won a silver medal in the 2018 World Rowing Championships held in Plovdiv, Bulgaria, last October.

Cassidy Kepp produced a staged reading of *Freezer Burn*, a play she wrote about how the justice system handles rape, last November at Loyola Marymount University, where she is a theater arts major. She has also worked with a devised theater group in Los Angeles, Fringe Benefits, writing and directing productions with homeless women on Skid Row and children in Watts.

Tyler Hentges, guitarist for the Super Somethings, recently released an album titled “The Indigo Tapes,” available to stream and download on Bandcamp at www.thesupersomethings.bandcamp.com/releases.

To submit Class Notes, please email LizaDawn Aduviso at laduviso@bishopodowd.org.
Whether in basketball or acting, Lance Holloway ’03 has never relied on others to advance his career. He’s been meticulous about doing his own research, cultivating professional relationships and seizing opportunities that came his way.

Holloway’s determined nature led to a role in the critically acclaimed independent film, “Blindspotting,” released in July 2018, starring Daveed Diggs (of Hamilton fame) and Rafael Casal, a story about friendship and the intersection of race and class set against the backdrop of Oakland.

Though he has an agent where he currently resides in Los Angeles, Holloway is always on the lookout for potential acting gigs in other markets. A couple of years ago, he was reviewing film projects and found an announcement online detailing the synopsis for a Bay Area based film and the various roles being cast for an “untitled Oakland project.”

“I noticed that the rate they were paying actors meant the film was going to cost around $1 million to produce, and I thought if they were going to shoot a $1 million film in the Bay Area, it must
be pretty good. Plus the website said the film was going to star Daveed Diggs. I knew I had to submit for a role," he said.

Holloway read for three roles and impressed the casting director and producers, who selected him for the role of Curtis "Cuttie" Cutworth.

“My role is very much Oakland, with so much Bay Area slang and colloquialisms that my scenes were going to be subtitled at first, because if you aren’t from the Bay, you may not understand what I’m saying,” he said.

Holloway is thrilled to have landed a role in a film set in Oakland that discusses important and complex social issues.

“It means so much, and it is so gratifying, because even though I moved to Los Angeles to pursue my career, the film role—and one that might help my career the most—is in and about Oakland,” he said.

“This is a unique and memorable film—one that people will talk about for a long time. It’s not supposed to answer questions, it’s supposed to start a conversation.”

Born and raised in Oakland, Holloway attended Grass Valley Elementary School and Montera Middle School before enrolling at O’Dowd along with his twin sister, Lauryn. The twins continued the family tradition, as their mom Carol Goldsby Holloway ‘79, aunt Ronda Goldsby ‘80 and uncle Rodney Goldsby ‘80 all attended O’Dowd.

At O’Dowd, Holloway excelled in basketball and was a recruited walk-on at San Jose State University, where he eventually earned an athletic scholarship and graduated in business marketing. During his last semester at SJSU, he sought opportunities to continue playing basketball overseas, and subsequently played for teams in Chile, Ecuador and Mexico.

While playing overseas, Holloway struck up a friendship with an American playing for an opposing team, and the pair remained in contact when they returned to the states. That connection landed Holloway a chance to audition for a Nike commercial featuring LeBron James. He secured a spot in the commercial, not acting in the traditional sense, but playing basketball. “I guarded LeBron face-to-face, and I could feel him breathing on my shoulder, because I was guarding him so closely,” Holloway said.

That opportunity resulted in Holloway booking several additional national commercials (including a Gatorade commercial in which he was Kevin Durant’s body double) and persuaded him to hang up his own Nikes and go into acting. “I had given myself three years to try to get established and make a livelihood from basketball, but it wasn’t going so well," he said. “When these commercials came out, I was getting residual income for one day of shooting, and I thought I would try to transition into acting … which seemed like the natural thing to do given my early success.”

Still, Holloway knew he needed to broaden his skill set. “The basketball commercials were my niche, because they didn’t want actors who couldn’t play basketball, so I had an advantage over other people. But I knew I eventually needed to have the acting chops,” he said.

Holloway enrolled in acting class to build up his resume, and produced some short films for his acting reel to show versatility.

“My first commercial with a lot of lines was a Motorola commercial with T.J. Miller (who had roles in Silicon Valley and the "Deadpool" franchise). He told me I had natural talent and suggested I take more acting classes to hone my skills and understand the craft better,” Holloway said.

Transitioning from commercials to TV and film isn’t easy, he said. “It’s a catch 22, because TV and film producers don’t really respect commercial credits, so it’s hard to get acting jobs and the acting credits when you don’t have credits to start. So, it’s about making connections, meeting people, always remembering peoples’ names and knowing that a production assistant might be a producer or director one day,” Holloway said.

His first TV role was in “Doubt” on CBS, and he’s had roles in the films, “All About Nina” and “12 Days of Giving.”

Looking ahead, Holloway said he hopes to book additional film or TV roles and would like to explore writing for television. He knows the industry is fickle, but is determined to push forward.

“Hollywood is like the hottest club in the world, and everybody is standing in line to get into the club. I’ve been in the line—and have been able to skip a couple people in line—but I’m still not ‘in’. I don’t mind waiting in line as long as I know I’m going to get in,” he said. “I feel like it will happen. I just have to be patient as I lay my irons in the fire and put my eggs in different baskets.”
Stanford-Bound Austin Jones ’19 Becomes O’Dowd’s All-Time Leading Rusher

On his very first carry as an O’Dowd running back, Austin Jones ’19 broke loose for a 68-yard touchdown. It was the start of a prolific high-school career for the four-year varsity football player.

Jones rewrote the O’Dowd record book during the 2018 football season, moving into the top spot in total rushing yards, carries and touchdowns, as well as total points scored—558 points on 93 touchdowns.

Jones finished his high-school career with 6,902 yards on 940 carries (averaging 7.34 yards per carry) with 86 touchdowns, edging out Louis Arnold ’06 who tallied 5,675 yards on 781 carries (7.27 yards per carry) with 67 touchdowns during the three years he played varsity football. In addition, Jones now ranks third all-time in total receptions (77) and total receiving yards (1,048).

Additionally Jones established himself as one of the top running backs in Bay Area history. According to O’Dowd varsity head football coach Napoleon Kaufman, Jones is the Bay Area’s second all-time career rusher, behind former Antioch High standout Najee Harris—now playing for the Alabama Crimson Tide—who tallied 7,948 yards.

“It means a lot to me, because it’s due to a lot of hard work and dedication—both on and off the field,” Jones said of his top spot in the O’Dowd record book.

Kaufman said the accomplishment speaks to Jones’ consistency and durability. “Austin played varsity football for four years, and he never missed a game. And his senior season was his best—he rushed for over 2,000 yards.”
Jones has been an exemplary team leader, Kaufman said.

"From the very beginning, Austin has led by example. He was always the guy who went out every day and worked hard," he said. "I've just been amazed at his humility."

For Jones, the individual accomplishments take a back seat to team achievements. When asked about his favorite O’Dowd football memory, he said "Winning the state championship."

The Stanford-bound Jones was part of two sectional championship teams (2016 and 2018) and the 2016 state championship team.

Jones has been equally successful in the classroom, maintaining a 4.0 grade point average while taking honors and advanced placement courses. "I've never seen anybody who's done what he has done in terms of excellence on the football field and in the classroom," Kaufman said. "It's a tribute to his parents who have done a great job supporting him, but he is also really self-motivated."

Honors Chemistry teacher Jan Coonrod said Jones is a very accomplished student, whose curiosity and work ethic help to drive his success in the classroom. "And he is held in such high regard by all the adults who encounter him because he embodies great character, integrity, respectfulness and kindness. He is one amazing young man," she said.

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**Did you know ... ?**

That O’Dowd’s varsity football staff rivals some college and maybe even professional teams? Head coach Napoleon Kaufman played six seasons for the Raiders before retiring after the 2000 season. He rushed for 4,792 yards and scored 18 touchdowns in 91 NFL games. Prior to turning pro, he won a national championship as a freshman at the University of Washington, and until 2018 was the school’s all-time leading rusher with 4,106 yards.

He is assisted by former 49er J.J. Stokes, and former 49er and Stanford star "Touchdown" Tommy Vardell.

Now that’s a lot of football knowledge and experience!
TEAM RECORDS AND ALL-LEAGUE HONORS

A host of Dragons were recognized as All-League players by the West Alameda County Conference (Foothill League):

FALL SPORTS
Men’s Cross Country, 10-1, 1st in WACC
ALL-LEAGUE
Julian Jensen ’20 and Tommy Murphy ’19 (first team);
Lucas Chaney ’21 (second team).
Runner of the Year: Tommy Murphy ’19

Women’s Cross Country, 11-0, 1st in WACC
ALL-LEAGUE
Isabella Brusco ’19, Katie Senn ’22, Jeneva Toolajian ’19 and
Lily Yu ’22 (first team)

Football, 5-0, 1st in WACC
ALL-LEAGUE
Tyler Garay-Harris ’19, Adam Johnson ’20, Austin Jones ’19,
Branden Owens ’19, Colton Vardell ’20, Jelani Warren ’19 and
Kheshawn Wynn ’19 (first team); Tarik Glenn Jr. ’19, Francisco
Romero ’20, Will Scherer ’19 and Malachi Ward ’20 (second
team); Jayden Davis ’20 and Moe Flynn ’19 (honorable mention).
Offensive Player of the Year: Austin Jones ’19

Women’s Golf, 8-4, 3rd in WACC
ALL-LEAGUE
Nitya Bhupatiraju ’19 and Mary Lee ’22 (first team)

Women’s Tennis, 2-6 (league) and 8-6 (conference), 4th in WACC
ALL-LEAGUE
Evian Jiang ’21 (singles); Lauren Murphy ’19 (doubles); Katie
Bunn ’19 and Cami Lent ’19 (honorable mention)

Volleyball, 10-0, 1st in WACC
ALL-LEAGUE
Jasmine Powell ’19 and Michelle Ohwobete ’20 (first team);
Alex Hoglund ’20, Nadia Pace ’19 and Agustina Santa Cruz
’22 (second team); Molly Bernstein ’19 and Amara Lumsey ’19
(honorable mention). Coplayer of the Year: Jasmine Powell ’19

WINTER SPORTS
Men’s Basketball, 9-1, tied for 1st in WACC
ALL-LEAGUE
Monty Bowser ’20 and Will Chavarin ’19 (first team); Iniko
McNeil ’19 and Brenden Patrick ’19 (second team); Ryzon Norris
’20 and Marsalis Roberson ’21 (honorable mention). Coplayer
of the Year: Will Chavarin ’19

Women’s Basketball, 9-1, 1st in WACC
ALL-LEAGUE
Amaya Bonner ’22 and Jada Holland ’19 (first team); Kayla
Hankins ’20 and Lexi Love ’19 (second team); Jenna Kitty ’20
(honorable mention). Coplayer of the Year: Amaya Bonner ’22

Men’s Soccer, 11-5, 2nd in WACC
ALL-LEAGUE
Nico Hausser ’19 and Daniel Kjeldsen ’19 (first team); Nick Ames
’21, Liam McCarthy ’19 and Mason Montgomery ’19 (second
team); Gabriel Plascencia ’21 (honorable mention)

Women’s Soccer, 7-2-1, 2nd in WACC
ALL-LEAGUE
Alexa Ingersoll ’19, Grace Porter ’20 and Ailani Price ’19 (first
team); Maggie Bautista ’19, Bella Mahoney ’19 and Elizabeth
Todd ’19 (second team); Justice Gardner ’20 and Katie Senn ’22
(honorable mention).
STUDENT-ATHLETE’S SIGN NATIONAL LETTERS OF INTENT TO PLAY COLLEGE SPORTS

A host of Bishop O’Dowd High School student-athletes signed National Letters of Intent committing to play sports in college in ceremonies held in November, December, February and May.

Elizabeth Avery, softball, Boston University
Molly Bernstein, volleyball, Trinity College
Isabella Brusco, cross country/track and field, Scripps College
William Chavarin, basketball, Cal Poly Pomona
Gemma Cook, crew, San Diego State University
Ethan Croley, baseball, George Fox University
Tarik Glenn, football, UC Berkeley
Matthias Haas, baseball, Brown University
Tyler Garay-Harris, football, Washington State University
Riley Glendinning, soccer, Whitman College
Nicole Hammoude, softball, UC Berkeley
Jada Holland, basketball, Grand Canyon University
Alexa Ingersoll, soccer, Emerson College
Anthony James, football, UCLA
Austin Jones, football, Stanford University
Lexi Love, basketball, Brown University
Isabella Mahoney, soccer, University of Chicago
Gabriella Onken, rowing, UCLA
Branden Owens, football, US Air Force Academy
Nadia Pace, volleyball, Bethune-Cookman University
Brenden Patrick, basketball, Lewis and Clark College
Jasmine Powell, volleyball, Portland State University
Katie Rehberger, water polo, Azusa Pacific University
Liam Rizzo, baseball, Azusa Pacific University
Wyatt Thompson, baseball, Chapman University
Elizabeth Todd, soccer, University of Montana
Jelani Warren, football, UCLA

Note: Not all student-athletes are pictured.
VOLLEYBALL CAPTURES NORCAL REGIONAL CHAMPIONSHIP, MAKES FIRST STATE GAME APPEARANCE

The O’Dowd volleyball team made school history last November, advancing for the first time to the California Interscholastic Federation (CIF) California State Championship game after beating perennial volleyball powerhouse Archbishop Mitty High School (14-time state champions) to claim the NorCal Division I Regional title. The Dragons played a superb match against Temecula Valley High School, but ultimately fell 3-1 (23-25, 25-23, 28-26, 25-22).

FOOTBALL TEAM WINS NCS TITLE

O’Dowd defeated Marin Catholic, 16-15, last December to capture the North Coast Section Division II championship. It was the second NCS title in three seasons for the Dragons, who won the Division III crown in 2016.

MEN’S SOCCER WINS BACK-TO-BACK NORTH COAST SECTION TITLES

The men’s soccer team captured its second consecutive North Coast Section Division III title, defeating Ygnacio Valley, 2-1, on February 23.
WOMEN’S BASKETBALL WINS NCS AND NORCAL TITLES, MAKES FIFTH STATE GAME APPEARANCE

The O’Dowd women’s basketball team clinched North Coast Section and NorCal titles earlier this year and made the program’s fifth state game appearance.

The Dragons defeated Miramonte High School, 64-59, to capture a second consecutive NCS Division II title, then handled Bear Creek High School, 68-59, to secure a NorCal Division I title. The team fell to Southern California powerhouse Rosary Academy, 75-58, in the Division I State Championship game.

CHEER TEAM WINS NATIONAL CHAMPIONSHIP

The varsity cheer team won the national championship in Sideline Cheer, and 3rd place in the nation in Show Cheer, at the JAMZ School Cheer Nationals, held in Las Vegas February 22-23.

The Dragons faced obstacles before even stepping foot on the competition stage: Their flight to Las Vegas was cancelled due to snow, and they were redirected to Ontario. To compete, they were then forced to drive five hours through snow, rain and fog, arriving in Las Vegas at 12:30 a.m. competition day.

The team is coached by Jazmine Lopez ’08 and Shanice Kelley ’03, under the direction of Assistant Director of Student Activities Marguerite Green.
O’Dowd lost one of its most ardent supporters earlier this year when Father Jay Matthews, beloved rector of the Cathedral of Christ the Light and longtime pastor of St. Benedict Church in Oakland, passed away suddenly from a heart attack. At the time of his death, Father Jay was serving as a member of the O’Dowd Board of Regents.

“Father Jay was a treasured member of the O’Dowd community and touched many lives profoundly. Each time he was on campus—whether it was to preside over a liturgy, attend an event or participate in a board meeting—he brought joy to his work. He set a wonderful example for all of us on living a faith-filled life of service to others,” James Childs, O’Dowd President

Father Jay was the 2012 recipient of Bishop O’Dowd High School’s Cor Unum Award, presented each year to select members of the O’Dowd community whose lives and work embody the core values of leadership, service, social justice and intellectual competence expressed in the school’s mission.

“As a former faculty member and a current Regent, I have always supported the mission of the school and the many students and their families in achieving an outstanding education. O’Dowd is a wonderful launch into higher education and adulthood. The hope is that each student will achieve the graduation outcomes, transforming them to become responsible and spiritual citizens for the 21st century,” he said when recognized with the Cor Unum Award.

Ordained in 1974 as the first African American Catholic priest in Northern California, Father Jay was a trailblazer on many fronts throughout more than four decades of priestly ministry. While serving as a teacher at O’Dowd (1972-73), Father Jay created an elective religion course for juniors and seniors titled, “The Church in the Black Community.”

O’Dowd faculty member Doug Vierra began teaching the course in the spring of 1985 with guidance from Father Jay and Cheryl Delahoussaye ’65, who had taken over the course after Father Jay left O’Dowd, along with Sister Marie de Porres Taylor, who worked in the Diocese’s Black Vicariate/Office of Black Catholics. Currently, Kris Koller teaches the course biaannually.

“Throughout the years, Father Jay remained a guest speaker and a source of inspiration and information as I taught what became my favorite course. He always had great pride about O’Dowd continuing to value the course he founded, and at the same time en-

―James Childs, O’Dowd President
couraged me to add new twists, such as our unit on the unique history, culture and spirituality of the Gullah people,” Vierra said.

Father Jay received a bachelor’s degree in humanities, with an emphasis in philosophy, from St. Patrick’s College in Mountain View. He earned a master of divinity from St. Patrick’s seminary in Menlo Park, and studied for two years as a doctoral student at the Jesuit School of Theology in Berkeley.

He worked in the communities of St. Anthony, St. Columba, St. Cyril, and St. Louis Bertrand in Oakland, St. Cornelius in Richmond and All Saints in Hayward. He also taught at San Mateo’s Serra High School (1970-72) and served as a youth minister in the Diocese of Oakland.

He was active on noteworthy boards and commissions in the greater community, including Catholic Charities of the East Bay, the Oakland Mayor’s Advisory Council on Education, the National Association of Black Catholic Administrators, the National Catholic Conference on Interracial Justice and the NAACP, as well as serving as chaplain to the Oakland Police and Fire departments and as a Regent at Cathedral of Christ the Light as well as O’Dowd.

Serving as vicar for Black Catholics (1982-1987), the Bishop’s personal representative to the African American Catholic community, Father Jay assumed major responsibility of ensuring full participation and welcome on all levels of the diocese and parishes.

He received, among other awards, the Martin Luther King Jr. Award for Outstanding Community Service, the Marcus Foster Educational Institute’s Distinguished Alumni Award, and citation from the United States House of Representatives.

He was also honored twice by the City of Oakland (in 1991 and 1999) with his own day, “Father Jay Matthews Day,” for his community involvement.

Though Father Jay graduated from Skyline High School, he has nine cousins who graduated from O’Dowd, beginning with the Class of 1961. And he grew up on nearby Seneca street.

Father Jay regularly celebrated masses at O’Dowd and offered special blessings at sports rallies. He once said he was happiest when he was able to “cheerlead” the many successes of the school to the diocese.
You may be able to **double**, or even **triple**, the impact of your gift to O’Dowd! Some companies even match gifts made by retirees and spouses. Contact your employer’s Human Resource department to find out if a matching gift program is available.

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**CHRIS ARDOIN ’05 PAYS IT FORWARD**

Chris Ardoin ’05 recently made his first gift to O’Dowd, which remains near and dear to his heart nearly 15 years after he graduated.

Now a Los Angeles resident, Ardoin returned to campus in October to attend the Alumni Beer Garden and was inspired to make a gift to the school’s Annual Fund. “I’ve wanted to give back to O’Dowd somehow, because my high school experience was such a great time in my life, and this is a way for me to give support from afar.”

Ardoin said he learned many valuable lessons at O’Dowd, but the most important was not to procrastinate. “With a heavy workload—both school and athletics—I learned how to stay on top of my assignments,” he said.

A two-sport athlete who excelled in basketball and swimming, Ardoin said he is still best friends with many of his O’Dowd teammates. One of his favorite memories is playing for the CIF State Division 3 Championship in 2004 against Centennial High School of Compton.

Ardoin encourages others to consider making a gift to O’Dowd. “We have to support a place that supported us so well,” he said.
Evelyn “Nina” Anxolabehere  
Mother of Roxanne Anxolabehere Clement ’69 and Georgianne Anxolabehere Cummings ’75, and grandmother of Kristen ’04 and Danielle ’00 Clement and Jessica ’06 and Cody Cummings ’09

James T. Bill ’55

Aprill Bridgeman  
Wife of Gavin Bridgeman and mother of Aidan Bridgeman ’20

Norman Brockbank  
Husband of Marcia Brockbank, father of Erin (Steven) Brockbank Harries ’83, Ryan (Cara) Brockbank ’88 and David (Amy Berry Brockbank) Brockbank ’91, and grandfather of Logan ’19 and Miles Brockbank, Emily Mattson, and Brock and Alex Harries

Brian Edward Brown ’89  
Stepfather of Eduardo Mora-Loera ’10

Leonard Thomas Bush ’55  
Uncle of Renee Bush ’75

Barbara Haskell Cadwalader  
Grandmother of Zhanna ’15 and Alma Cadwalader

Clifford B. Castagnola ’58  
Husband of Christine Jewell Castagnola, father of Paul, Matthew ’01 (Jasmine) and Joseph (Amber) Castagnola, and grandfather of Cecilia, Calisena, Guinevere and Hunter

Rosemary Connelly  
Mother of Kathleen Connelly ’60, Mike Connelly ’63, Jim Connelly ’66 and Anne Connelly Corrigan ’67

Juliana Marie Disch ’68

Steven Dittmann ’72  
Brother of Vivian (Frank ’74) Dittmann Sarubbi ’73, Ken ’75 and Cindy ’78 Dittmann

Johannas (John) Eckardt ’57  
Husband of Mary Knowles Eckardt ’57, father of Kate Sebrant, and brother of Carl ’57 and Melvin Eckardt ’58

Kenneth D. Freitas ’57

Carolyn Greenberg ’64

Robin Kirschbaum ’99  
Daughter of Alan and Jackie Kirschbaum, sister of Laura Kirschbaum ’97 and mother of Naomi

Richard Krech  
Father of faculty member Briana Loewinson

Father Marvin LaBute, CSB  
Former O’Dowd teacher

Greg Longmire ’77  
Husband of Felice Wangan McLaughlan ’77, and brother of Georganne McLaughlan Foppiano ’72 and Lynne Longmire ’74

Willie McCovey  
Husband of Estela Bejar, father of Allison (Philip) McCovey-Patrick ’83 and grandfather of Philip, Raven and Marissa Patrick

Alfred Musante  
Father of the late Alan ’65 (Pat) Musante, Alana (Gregg) Musante ’67, Alfred “Jay” Jr. (Judy) Musante ’73 and Annette (Dan) Musante Finnane ’80, and grandfather of Danila Musante ’02, Darren (Arielle) Hall, Lauren Hall, Alexis ’05 and Brian Musante, Hailey, Toni and Quinn Finnane

Joel Oliver ’57

Beatrice Reid  
Mother of Jacqueline Reid Dettloff ’60, Cathy Reid ’66 and Dennis Reid

Jean Marie Rogers ’63

John Shovein ’66  
Brother of Julia Shovein

Dolores Marie Thatcher  
Mother of Robert J. Thatcher ’81

Jaime Villacorte ’79  
Husband of Jeanne Villacorte

George M. Watters Jr. ’63  
Husband of Pamela P.J. Watters, father of George (Kirsten) M. Watters III, Jason (Shay Redfield) V. Watters, Rachael (Cory) Oberst, brother of Mary H. Watters Rea ’56 (deceased), Patricia (Raoul Vargas) Watters Imburgia ’56, Kathleen (Arthur Horsell ’59) Watters Horsell ’60, Daniel (Diane) J. Watters ’65, and uncle of Elizabeth (Tim Cabral ’74) Sasek Cabral ’74 and Dr. Cathrine Sasek ’75

Timothy A. Whalley ’62  
Husband of Marcia Paul Whalley ’63

Bishop O’Dowd High School encourages The Dragon readers to forward to the school copies of obituary notices about the passing of O’Dowd community members so that the names of the deceased can be listed in the In Memoriam section of this magazine. Please send the notices to LizaDawn Aduviso, c/o Bishop O’Dowd High School, 9500 Stearns Ave., Oakland, CA 94605, or email them to laduviso@bishopodowd.org. Note: Listings are based on information known at press time and may not include all surviving family members.
“As members of the Senior Philanthropy Team, we made our first gifts to O’Dowd. It’s exciting to pay forward the privilege we’ve been granted and extend the helping hand O’Dowd has given to so many of us. We are honored to follow in the footsteps of generous alumni like Jim Negri ’68.”

-Kyron Loggins ’19 and Salome Finau ’19

Whether you are making your first or your 50th gift to O’Dowd, it’s always a great time to support the next generation of Dragons!

www.bishopodowd.org/give