

Bishop O'Dowd High School Café

Monday January 13, 2020	
Breakfast	
<i>Breakfast Bistro</i>	Dragon's Breakfast Bowl, Cage-Free Eggs, Pork Chorizo, Russet Potatoes, Topped with Clover Cheddar, Guacamole Salsa Verde 4.95
<i>Alarm Clock Special</i>	Fresh Baked Brioche French Toast Topped with Driscoll Farms Blueberries & House Made Whipped Cream 4.95
Lunch	
<i>Global Adventure</i>	Organic Quinoa Lettuce Wraps with Driscoll Black Berry Sauce 5.95
<i>Plant Inspired</i>	Grilled Turkey Burger with Jack Cheese, Red Lettuce, Red Pickled Onion & Sundried Tomato Aioli
<i>Market Grill</i>	Meat Lovers & Five Cheese Blend Pizza 5.95
<i>Stone Hearth Oven</i>	Free-Range Mongolian Chicken Served with Organic Brown Rice and Steamed Baby Bok Choy 5.95
DRAGON'S LAIR	
<i>Taqueria</i>	Fresh Baked Churros, Hot Chocolate & Fresh Baked Brownies 5.95

Tuesday January 14, 2020	
Breakfast	
<i>Breakfast Bistro</i>	Breakfast Bar served with Cheddar Cage-Free Eggs, Country Potatoes, Linguisa Sausages, Steamed Jasmine Rice 4.95
<i>Alarm Clock Special</i>	Caramel & Green Apple Pancake Muffin Cups Topped with Fresh Made Vanilla Whipped Cream 4.95
Lunch	
<i>Kitchen Table</i>	Grass-fed Bolognese Served with Gilroy Roasted Garlic & Lemon Noodles, Texas Toast & Furot Kale Caesar Salad 5.95
<i>Plant Inspired</i>	Cauliflower Bolognese Over Soba Wheat Noodles 5.95
<i>Market Grill</i>	Free-Range Grilled Chicken Sandwich with Mozzarella Cheese, House Made Pesto Sauce, Romaine Lettuce, Marinated Roma Tomatoes 5.95
DRAGON'S LAIR	
<i>Taqueria</i>	Free-Range Chicken Quesadilla with Fresh Pico, Shredded Lettuce & Chipotle Crema Fresca 5.95

Wednesday January 15, 2020	
Breakfast	
<i>Breakfast Bistro</i>	Breakfast Burrito with Cage Free Eggs, Chorizo, Potatoes and Sonoma Jack Cheese 4.95
<i>Alarm Clock Special</i>	Scratch Made Buttermilk Pancakes Topped with Driscoll Mixed Berries Compote & Vanilla Whipped Cream 4.95
Lunch	
<i>Kitchen Table</i>	Classic House Made Mac & Cheese Bar Served with Roasted Kale, Cauliflower & Honey Glazed Carrots 5.95
<i>Market Grill</i>	Street Syle Hot Dogs Served with House Made Chilli, Grilled Onion, Peppers & Sonoma Melted Jack Cheese 5.95
<i>Stone Hearth Oven</i>	Pepperoni & Four Cheese Pizza 5.95 Jan-02
<i>Plant Inspired</i>	Cauliflower Mac & Cheese Bake with Roasted Kale, & Honey Glazed Carrots 5.95
DRAGON'S LAIR	
<i>Taqueria</i>	Acai Protein Bowl with Driscoll Farm Blackberries, Sliced Bananas & House Made Granola 4.95

Thursday January 16, 2020	
Breakfast	
<i>Breakfast Bistro</i>	Cage-Free Egg Frittata Muffins with Chicken Apple Sausage, Cheese, Onions and Tomatoes 4.95
<i>Alarm Clock Special</i>	Blueberry French Toast with Carmelized Bananas & Vanilla Whipped Cream 4.95
Lunch	
<i>Platillos Latinos</i>	Natural Pork Adobo Served with Ancient Grain Program, Cilantro Farro, & Fried Plantains 5.95
<i>Stone Hearth Oven</i>	Pepperoni & Cheese 5.95
<i>Plant Inspired</i>	Plantain & Black Bean Griddled Cakes with Cilantro & Onion Sauce 5.95
DRAGON'S LAIR	
<i>Taqueria</i>	Fresh Baked Bowl Brownies with Frozen Vanilla Yogurt 5.95

Friday January 17, 2020	
Breakfast	
<i>Breakfast Bistro</i>	Breakfast Bar with Cage Free Scrambled Eggs, Applewood Smoked Bacon and Potatoes 4.95
<i>Alarm Clock Special</i>	Cinnamon Roll Muffin Cup Served with Fresh Made Green Apple Sauce & Fresh Made Vanilla Frosting 4.95
Lunch	
<i>Global Adventure</i>	Fresh Caught Oven Fried Fish Served with Pesto Orzo & Jacob's Farms Baby Carrots 5.95
<i>Stone Hearth Oven</i>	Meat Lover Stromboli 5.95
<i>Market Grill</i>	Grass-Fed Beef Burger Served with House Cut Potato Chips 5.95
<i>Plant Inspired</i>	Ancients Grain Program Freekeh & Golden Roasted Beet Cakes with Gilroy Farms Vegan Garlic Sauce 5.95
DRAGON'S LAIR	
<i>Taqueria</i>	Acai Protein Bowl with Driscoll Farm Blackberries, Sliced Bananas & House Made Granola 5.95

Epicurean Group at Bishop O'Dowd High School Café
General Manager: Vince DiPietro / Vince@epicurean-group.com
Executive Chef: Alfredo Hoyos / Alfredo@epicurean-group.com
For Catering: Please call us at 510.577.9100 ext. 104



Café Service Hours
Breakfast: 7:30 AM - 8:30 AM
House Dragon's Lair: Lunch
Dragon's Bar: Breakfast/Lunch/After School



Dragon's Bar
Featuring House-made Pizzas, Flatbreads & More...
Monday
<i>Stone Hearth Oven</i>
Meat Lovers & Five Cheese Blend Pizza
<i>Dragon Bites</i>
Fresh Baked Churros, Hot Chocolate & Fresh Baked Brownies
Tuesday
<i>Stone Hearth Oven</i>
Free-Range Garlic Pesto Chicken Topped with Fresh Romas & Shaved Parmesan
<i>Dragon Bites</i>
Free-Range Chicken Quesadilla with Fresh Pico, Shredded Lettuce & Chipotle Crema Fresca
Wednesday
<i>Dragon Bites</i>
Acai Protein Bowl with Driscoll Farm Blackberries, Sliced Bananas & House Made Granola
Thursday
<i>Stone Hearth Oven</i>
Pepperoni & Cheese
<i>Dragon Bites</i>
Fresh Baked Bowl Brownies with Frozen Vanilla Yogurt
Friday
<i>Stone Hearth Oven</i>
Meat Lover Stromboli
<i>Dragon Bites</i>
Acai Protein Bowl with Driscoll Farm Blackberries, Sliced Bananas & House Made Granola

Today's Soups
Wild Rice & Chicken Soup
Asian Chicken Noodle
Ancien Grain Program Millet & Kale Soup
French Onion Suop with Toasted Sliced Baguette

This Weeks Fun Items
Monday: Acai Bowls with House Made Granola
Tuesday: Fresh Baked Brownies
Wednesday: Fresh Grilled Elote
Thursday: Waffles & Ice Cream
Friday: Fresh Made Smoothies

Vegetarian Option	
Gluten Free Item	
Vegan Option	
Café Free Egg & Free Range Chicken	